

Updated 8/06

CONSTITUTION

The athletic program is a vital part of the total curriculum of the school or district, and as such, should be administered and promoted by the professional administrative staff of the school or district. The school should employ every effort to see that the staff, the students and the community understand and abide by healthy and proper attitudes of the athletic program.

Article I

NAME

The name of this non-profit corporation shall be the "Greater Middlesex Conference."

Article II

OBJECTIVES

Article II, Section 1

To develop the physical, social and emotional health of the participants in athletic competition.

Article II, Section 2

To encourage and promote high standards of sportsmanship at all times.

Article II, Section 3

To organize and democratically govern athletic conference for all member schools.

Article II, Section 4

To equalize athletic opportunities in scheduling athletic contests for sports recognized by the conference.

Article II, Section 5

To promote uniformity in arrangement and control of contests for the conference.

Article II, Section 6

To create and increase interest in the athletic program of all member schools.

Article II, Section 7

To protect the mutual interest of the members of the Conference.

Article II, Section 8

To recognize and apply ethical interpretations to mutual problems.

Article II, Section 9

To abide by the Constitution and by laws of the New Jersey State Interscholastic Athletic Association.

Article II, Section 10

To provide a conclave to initiate and promote legislation to the New Jersey State Interscholastic Athletic Association.

Article III

MEMBERSHIP

Article III, Section 1

Membership shall be open to all secondary schools in Middlesex County and the surrounding areas as accepted by the members of the Conference.

Article III, Section 2

Only approved regular members of the NJSIAA may be full and equal members of the Conference.

Article III, Section 3A

New applicants must apply or have application made for them in a written request and sent to the Secretary of the Conference.

Article III, Section 3B

Application to the Conference must be made by **JANUARY 15** of the even numbered year for admittance for the next scheduling cycle.

Article III, Section 4

Election to membership will be a two-thirds affirmative vote of the entire membership.

Article III, Section 5

Provisions will be made for an absentee ballot for members to exercise their franchise in the event that they are unable to attend at the time of voting. A ballot not turned in will be listed as an abstention.

Article III, Section 6

An application fee of two hundred (\$200) dollars shall accompany any application for membership. This shall be applied toward the annual dues upon acceptance or be returned upon rejection.

Article III, Section 7

Membership shall be limited to schools that do not provide scholarships and do not provide financial aid of any kind designed to encourage participation in athletics.

Article III, Section 8

Membership shall be limited to those schools who are willing to sign an AFFIDAVIT of Non-Recruiting with respect to their school's enrollment which AFFIDAVIT is to be executed by the Principal of said school and filed with the application for admission to the Conference and thereafter such an AFFIDAVIT shall be filed by each member school on or before September 15 of each and every year with the Conference Executive Committee. The AFFIDAVIT of Non-Recruiting shall clearly set forth that the member school does not recruit or encourage recruiting and/or the transferring of students from one school to another by the member school, booster clubs, or any and all people or persons related to said school both directly or indirectly. Such AFFIDAVIT of Non-recruiting shall be applicable to all employees of each member school, booster clubs and any and all people or persons related to said school both directly and indirectly in its academic as well as athletic programs. The contention of the Conference is to clearly set forth that any type of recruiting of school children to engage in athletic competition shall be considered harmful.

Article IV

REPRESENTATION

Article IV, Section 1

The Director of Athletics shall be the official representative of each member school.

Article IV, Section 2

Each member school shall be represented at all Conference meetings either by the Director of Athletics or by an appointed representative.

Article IV, Section 3

Each member school shall be entitled to one vote on all Conference business. In case of emergencies as determined by the President outside the By Laws of the Conference, one vote (floor votes) will be granted to each member school present at the meeting.

Article IV, Section 4

All other votes shall be proposed at one meeting and then voted on at the next. A proxy vote concerning these changes may be submitted in writing or by telephone to the Conference President up to the time of the General Meeting where this vote will take place. All schools will be entitled to this proxy vote.

Article V

DUES

Article V, Section 1

Each member school shall be assessed dues in the amount determined by the Conference membership at the ANNUAL MEETING.

Article V, Section 2

The Treasurer shall bill each school for their annual dues. Payments shall be made by November 1 of that fiscal year. Dues must be paid at that time to be a member in good standing.

Article V, Section 3

Additional assessments may be levied equally on all member schools when passed by a majority vote.

Article VI

ADMINISTRATION

Article VI, Section 1A

The basic table of organization for the administration of the Greater Middlesex Conference will be as follows:

Article VI, Section 1B-Officers

- A. President - Shall be elected by the Conference Athletic Directors for a two (2) year term to run concurrently with the two year contract format.
- B. Secretary - Shall be elected by the Conference Athletic Directors for a two (2) year term consistent with that of the President.
- C. Treasurer - Shall be elected by the Conference Athletic Directors for a two (2) year term consistent with that of the President.
- D. Vice President - There shall be four (4) Divisional Vice Presidents who shall be elected by the schools within their Divisions as established by enrollment. They shall each serve a two (2) year term consistent with that of the President.
- E. Commissioner of Ethics and Controversies - Shall be appointed by the President to serve a two (2) year term consistent with that of the President.
- F. Member at Large - There shall be four (4) Members at Large selected by the President.

Article VII

THE EXECUTIVE COMMITTEE

Article VII, Section 1-The Executive Committee of the Conference shall consist of the following:

- A. President
- B. Secretary
- C. Treasurer
- D. Vice Presidents (4)
- E. Commissioner of Ethics and Controversy
- F. Members at Large (4)

Article VII, Section 2

The Executive Committee will meet on the first Thursday of each month.

Article VII, Section 3

The Executive Committee shall meet at least once a month and shall have full power and responsibility to conduct the business of the Greater Middlesex Conference that is not part of the Constitution, by laws and

Rules and Regulations. A majority of the official representatives on the Executive Committee present at a meeting shall constitute a quorum. All actions of the Executive Committee are revisable by the General Membership.

MEETINGS

Article VIII, Section 1

Regular meetings of the membership shall be held once a month unless cancelled by a majority of members in good standing. Dates and times of meetings shall be set at the Annual meeting. (MAY)

Article VIII, Section 2

The ANNUAL MEETING will be held in May of each year.

Article VIII, Section 3

Special meetings shall be convened by the President or upon request of a majority of the members in good standing expressed in a formal manner through the Secretary.

Article IX

RULES

Article IX, Section 1

Robert's Rules of order shall govern all meetings.

Article IX, Section 2

A majority of the quorum shall be sufficient to constitute an affirmative or negative vote at any meeting of the Conference Executive Committee as well as any meeting of any division or subdivision or committee of the Conference unless otherwise provided by the Constitution.

Article IX, Section 3

A quorum for all meetings shall be a majority of members in good standings.

Article X

INCORPORATION

Article X, Section 1

This body is incorporated as a non-profit corporation under the laws of the State of New Jersey.

Article X, Section 2

The Trustees of the non-profit corporation pursuant to the amended Certificate of Incorporation are empowered pursuant to law to operate the business of this non-profit corporation subject to the Constitution and Rules and Regulations and said Trustees shall be the elected members of the Executive Committee.

Article XI

WITHDRAWAL PROCEDURE

Article XI, Section 1

Formal notification of such withdrawal with reason, signed by the Principal and Athletic Director must be filed with the Secretary at least one month prior to the next regular meeting of the Conference.

Article XI, Section 2

Full discussion of such notification must take place at the next regular meeting of the Conference.

Article XI, Section 3

A majority vote of the member schools at a regular meeting will be necessary to effect the proposed action.

Article XI, Section 4

A member school shall not be permitted to withdraw until all contractual obligations have been met or waived. In the case of severe extenuating circumstances, a member school may request immediate withdrawal.

Article XII

ELIGIBILITY

The rules of the New Jersey State Interscholastic Athletic Association covering eligibility shall govern the Greater Middlesex Conference.

Article XIII

DIVISIONS

Article XIII, Section 1

The Conference shall be organized by enrollment for each individual sport for the division.

Article XIII, Section 2

Placement of schools to various divisions shall be based on grades 9-10 as of the date such figures are submitted to the County Superintendent's office. These figures shall be the ones submitted to the County Superintendents office on the official New Jersey Department of Education report of the total current school enrollment data.

Article XIII, Section 3

The vocational schools will be in the smallest enrollment division unless by their own request.

Article XIII, Section 4

Movement from division to division as per prescribed formula shall be allowed through a screening and alignment committee and an appeals committee.

Article XIII, Section 5

Movement shall be by individual team.

Article XIII, Section 6

A team may appeal to move up one (1) or two (2) divisions or down one (1) division.

Article XIII, Section 7

If a team appeals to move up to another division and is approved, its crossovers shall be those established for that division.

Article XIII, Section 8

If a team appeals to and is approved to go down one (1) division, its crossover games shall be with that of its original division.

Article XIII, Section 9

If scheduling difficulties arise (resulting in competitive imbalance), the crossover policy may be altered to provide competitive balance to all schools.

Article XIII, Section 10

Teams may play other schools on a voluntary basis as non-league contests.

Article XIV

AMENDMENTS

Article XIV, Section 1

The Constitution of the Conference may be amended by a two-thirds vote of the general membership in good standing.

Article XIV, Section 2

Amendments to the Constitution may be made only at the Annual Meeting in May with any adopted amendments to become effective on September 1 of the following school year or at such other time as may be specifically set forth in said amendments.

Article XIV, Section 3

General proposals for amendment to the constitution shall be submitted no later than February 1 of each year to the Executive Committee. The Executive Committee shall thereafter vote to approve or disapprove such proposals and the Secretary shall send to the member schools no later than ten (10) days before the Annual Meeting in may such written proposals that the Executive Committee has approved together with the name of the member school or appropriate committee or originator of said proposal. The proposed amendment shall be voted upon at the Annual Meeting.

A proposal for Constitutional amendment that has been disapproved by the Executive Committee for consideration at the Annual Meeting shall be included among those to be voted on at the next succeeding Annual Meeting provided that in the interval at least one-half plus one of the member schools have endorsed the proposal in writing and submitted same to the Executive Committee and this fact shall be noted on the ballot, provided said proposal receives the necessary one-half plus one vote.

Article XIV, Section 4

The vote taken at any meeting with respect to amendments to the Constitution shall be by roll call vote of the members in good standing on each proposed amendment and shall be fully recorded in the minutes.

Article XIV, Section 5

Absentee ballots shall be provided to each school. Ballots must be signed by the Athletic Director of said G.M.C. school. Ballots must be submitted to the President of the Conference prior to the Annual Meeting at which amendments shall be considered.

GREATER MIDDLESEX CONFERENCE

BYLAWS
AND
RULES AND REGULATIONS

TITLE PAGE

Article I
Article II
Article III
Article IV
Article V
Article VI
Article VII
Article VIII

AMENDMENTS
PARTICIPATION
ACTIVATION
COMMITTEES
ELECTION OF OFFICERS
DUTIES OF OFFICERS
RECRUITMENT
SPORTSMANSHIP

Article I

AMENDMENTS

Article I, Section 1.

Amendments to the By Laws and Rules and Regulations shall be passed by a majority of the voting membership in good standing present. Amendments shall be proposed one month and vote done the following month.

Article I, Section 2.

Amendments to the Bylaws and Rules and Regulations become effective immediately upon their adoption unless effective date alters said.

Article II

PARTICIPATION

Article II

Each school in the Conference must schedule all member school as set by the scheduling committee in all interscholastic sports in which they field a team in accordance with the Constitution, Rules and Regulations of the Conference.

Article III

ACTIVATION

Article III

This non-profit corporation, "Greater Middlesex Conference," shall become operative at the start of the 1985-86 school year.

Article IV

COMMITTEES

Article IV, Section 1

The President shall appoint all committees.

Article IV, Section 2

A Screening and Sports Alignment Committee, comprises of three (3) Athletic Directors, or four (4) if there are four divisions in that sport, the Sport Committee/chairpersons of each sport, and a Principals' and a Superintendents' representative, shall review all petitions for divisional movement and then recommend an alignment of divisions within all sports for two year cycles. Each division shall be represented. The Principals' and Superintendents' representatives are recommended by their respective Association Presidents. The President of the Conference shall select no more than two (2) Athletic Directors to represent each division. No school district shall be represented by more than one person. Divisional alignments which reflect relative balance in divisional scheduling (numbers of schools in divisions) and compressive level (ability to compete) shall be its charge. This committee shall utilize the procedure below to fulfill this charge.

Article IV, Section 2A

Each group (Superintendents, Principals and Athletic Directors) shall recommend their representatives to the President for appointment. The representative must be a member of a conference school. Each group shall recommend and alternate representative.

Article IV, Section 2B

The committee shall elect a Chairperson. The chairperson shall preside at all appeals.

Article IV, Section 2C

Each member shall have one (1) vote.

Article IV, Section 2D

Committee decision shall be based on majority vote of the members.

Article IV, Section 2E

The committee shall review the facts, and issue a determination on all requests for divisional movement, as well as, move schools based on the criteria.

Article IV, Section 2F

The initial responsibility for sports program improvement rests with each individual school.

Article IV, Section 2G

The Sports Committee Chairperson shall be present and utilized as a resource consultant by the committee to prove factual information for that sport.

Article IV, Section 2H

The criteria for divisional movement shall be:

- 1) The number of teams in a division to afford scheduling balance.
- 2) The enrollment of the school (if enrollment difference effect the original placement of a school 3 years of graduation numbers and class size can be used to make proper enrollment adjustments)
- 3) The ability of the team.

Article IV, Section 2I

All requests for individual sports team movement shall be submitted in writing to the Conference President by a designated date. Said request shall include detailed reasons for the request, to include but not limited to the previous steps taken by the school to improve the sports team or to justify movement.

Article IV, Section 2J

The committee shall render a determination by a designated date prior to setting the two teats schedules.

APPEALS

Article IV, Section 2AA

The committee shall be composed of nine (9) members: three (3) Superintendents, three (3) Principals, and three (3) Athletic Directors appointed by the G.M.C. President.

Article IV, Section 2BBB

Each group (Superintendents, Principals, and Athletic Directors) shall recommend their representatives to the President for appointment. Each Group shall recommend an alternative representative.

Article IV, Section 2CC

Any member whose school is involved in a appeal shall disqualify themselves in that appeal. The Conference president shall appoint the alternate representative to hear said appeal.

Article IV, Section 2DD

The committee shall elect a Chairperson. The Chairperson shall preside at all appeals.

Article IV, Section 2EE

Each member shall have one (1) vote.

Article IV, Section 2FF

Committee decisions shall be based on majority vote of the members.

Article IV, Section 2GG

The committee shall hear, review the facts, and issue a final determination on all appeals for divisional movement.

Article IV, Section 2HH

The initial responsibility for sports program improvement rests with each individual school.

The criteria for divisional movement shall be:

- (1) The number of teams in a division to afford scheduling balance.
- (2) The enrollment of the appealing school.
- (3) The ability of the appealing team.

Article IV, Section 2JJ

The Sports Committee Chairperson shall be present and utilized as a resource consultant by the committee to provide factual information for that sport.

Article IV, Section 2KK

All appeals for individual sports team movement shall be submitted in writing to the Conference President by a designated date. Said appeal shall include detailed reasons for the appeal, to include but not limited to the previous steps taken by the appealing school to improve the sports team or to justify movement.

Article IV, Section 2LL

The committee shall render a final determination by a designated date prior to setting the two year schedules.

CONTROVERSIES AND DISPUTES

Article IV, Section 3A

Protests against alleged violation of contracts, violations of the accepted standards of good sportsmanship or of the Constitution, Bylaws and Rules and Regulations of the Conference shall be reported in writing by a Principal of a member school to the Conference President with a copy to the Conference Secretary and the Sportsmanship/Issues Chairperson within 72 hours of the time of such alleged violation with a copy forwarded to the alleged violator. **Protests based upon an official's judgement of the playing rules will not be honored. Article IV, Section 3B**

Article IV, Section 3B

The Executive Committee will charge its Sportsmanship/Issues Committee to initiate proceedings. **The Sportsmanship Committee shall review all charges and determine if the alleged violation should be sent to the Controversies Committee. The Controversies Commissioner will initiate proceedings if necessary.**

Article IV, Section 3C

The commissioner will replace (temporarily) any member of the committee whose school is involved in the dispute. The President will replace the Commissioner (temporarily) if his school is involved.

Article IV, Section 3D

The committee shall conduct a hearing to which representatives of all schools involved in any controversy shall be invited as soon as practically possible, but no later than thirty (30) days thereafter. The Chairperson of the Controversies and Disputes Committee shall submit a written report to the Executive Committee of the Conference with copies to the parties setting forth its findings of fact and decisions including all marked evidence as soon as practically possible, but no later than thirty (30) days thereafter. The Executive Committee shall then, as soon as practically possible, but no later than thirty (30) days thereafter, render such applicable penalty as the Executive Committee may seem fit based on said report.

Article IV, Section 3E

Penalties shall be assessed by the Sportsmanship/Issues Committee and the Controversies Committee for infraction of the Conference Constitution or Rules and Regulations and pursuant to the written reports of that particular controversies and/or dispute. Penalties may include, but need not be limited to:

- (1) Probation
 - (a) Probation for a designated time period as appears to be necessary in the discretion of the Controversies Committee and the Executive Committee.
 - (b) Said probationary period for a member school shall be from the date of penalty as assessed by the Controversies Committee and the Executive Committee.
 - (c) Where a violation occurs in a specific sport, the Controversies Committee and the Executive Committee may apply the period of probation to that sport only.
 - (d) During the probationary period, a school may play its regular schedule in sports but may not be eligible for any Divisional or Conference Championship award in that sport involved in the probation or as the Controversies Committee and the Conference Executive Committee may direct.

- (2) Suspension

Under such terms and conditions as the Controversies Committee and or the Executive Committee shall by resolution provide.

- (3) Expulsion

Under such terms and conditions as the Controversies Committee and the Executive Committee shall by resolution provide.

(4) Forfeit of Games

Under such terms and conditions as the Controversies Committee and the Executive Committee shall by resolution provide.

(5) Forfeit of Championship Rights

A school may be required to forfeit championship rights by resolution of the Controversies Committee and the Executive Committee.

(6) Fines

Under such terms and conditions as the Controversies Committee and the Executive Committee shall by resolution provide.

(7) Players

A player may be suspended permanently or temporarily for violation of the Rule of good Sportsmanship or the rules of a particular game.

(8) Coaches

A coach may be censured or barred from the field during sanctioned play and/or the school employing him/her subject to probation or suspension where there is definite indication that the school district is not fulfilling its responsibility in control of its athletic program.

Article IV, Section 3F

The Sportsmanship/Issues Committee will decide either to send or not to send the dispute to the Controversies Committee. The following procedure shall be set forth:

- 1) The **Sportsmanship/Issues Committee reviews** the dispute or controversy and will decide whether to be send it on to the Controversies Committee.
- 2) The Controversies Committee will review and hear both parties dispute
- 3) After a ruling by the Controversies and Disputes Committee any aggrieved party may appeal the decision in writing to Conference Executive Committee. A copy of the Notice of Appeal shall be served on all interested parties. Said Notice of Appeal shall be filed within five (5) days of the filing of the decision being appealed. Within ten (10) days of receipt of the Notice of Appeal, the respondent shall file a formal written reply to the secretary of the Conference with a copy to all interested parties.
The Executive Committee hears the appeal and testimony from all parties. In the event of a hearing on said appeal, all parties shall receive at least ten (10) days notice in writing and be given the opportunity to be heard before said Executive Committee on the record below. A copy of the decision in writing shall be delivered to all interested parties as soon as practically possible by the conference Executive Committee.
- 4) The Executive Committee shall make a final ruling, they can affirm the decision of the Controversies Committee, raise or lower penalties or dismiss the violation.
- 5) All parties shall be notified of the Executive Committee decision. This decision can not be appealed to the General membership of the Conference.
- 6) Any further appeal must be made to the NJSIAA.

The Executive Committee of the conference may in the exercise of its sound discretion permit the record and report made before the Controversies and Disputes Committee to be expanded upon by additional evidence provided a majority agrees that the additional matters requested to be submitted are not only relevant and material, but necessary in the interest of justice and further provide the opposing party of justice shall have the opportunity to present its views, if and, with respect to said additional submission.

Article IV, Section 3G

All hearings shall be of two types: (a) informal and (b) formal. At all formal hearings all witnesses shall be sworn and the right of cross examination shall be preserved. Technical rules of evidence shall not be adhered to but may be considered on all questions of evidence by the Committee. **Parties requesting a formal hearing shall be required to post a letter by the appropriate official of the school district guaranteeing the payment of costs of a court reporter plus a fee not to exceed \$100 for administrative costs.**

Article IV, Section 3H

Any member school which institutes an unsuccessful appeal before the Commissioner of Education and/or the courts challenging a rule or rules of the Conference, not involving the eligibility for student-athletes, either prior to or after having first exhausted the internal appeal procedures of the Conference, will assume the full cost of such litigation, including costs and counsel fees incurred by the Conference and member school (s).

INDIVIDUAL SPORT

Article IV, Section 4A

There shall be a committee for each recognized sport in the Conference.

Article IV, Section 4B

Each sport committee shall be chaired by an athletic director who shall be responsible for scheduling and developing a two year schedule, overlooking officials, conducting Conference playoff tournaments, and selection of all Divisional and Conference teams and other matters pertaining to its sport. All records for games in the sport shall be sent to this director.

AWARDS

Article IV, Section 5A

The Committee shall develop bid specifications for all conference awards.

Article IV, Section 5B

The Committee, through its chairperson, shall send said specifications to available vendors. Bids shall be sought from a minimum of five (5) vendors.

Article IV, Section 5C

The Committee shall review and present all bids received to the Executive Committee for approval and award.

Article IV, Section 5D

The committee shall order all awards and distribute said as prescribed by the Executive committee.

SPORTS INFORMATION

Article IV, Section 6A

Sports Information Director shall be responsible for the release of all information to the media.

NOMINATING

Article IV, Section 7A

The committee shall be composed of five (5) members appointed at the March meeting.

Article IV, Section 7B

The nominated slate of officers shall be presented at the April meeting.

AUDIT

Article IV, Section 8

There shall be an annual audit of Conference financial matters with a written report submitted to the Executive Committee and presented to the General Membership at the September meeting.

Article V

ELECTION OF OFFICERS

Article V, Section 1

In addition to the nominated slate, nominations may be presented from the floor.

Article V, Section 2

Officers shall be elected at the May meeting by a majority vote of the membership.

Article V, Section 3

Officers shall be elected for a two year term of office.

Article V, Section 4

Officers shall take office at the June meeting.

Article VI

DUTIES OF OFFICERS

Article VI, Section 1-President

- A. To preside at all meetings.
- B. To serve ex-officio on all standing and special committees.
- C. To prepare, after consultation with the Secretary, an agenda for each meeting. The agenda shall be mailed to the athletic directors of member schools at least one week prior to each regular meeting.
- D. To call all the special meeting of the conference.
- E. To fill all vacated elected officers by appointment.
- F. To designate a Vice President to preside in his absence.

Article VI, Section 2-Secretary

- A. To keep accurate minutes of all meetings.
- B. To provide all member schools with copies of such minutes.
- C. To maintain an adequate file of all minutes and official correspondence of the conference.
- D. To consult with the President on the agenda for all meetings.
- E. To advise the President on all pertinent matters.
- F. To carry on all official conference correspondence.

Article VI, Section 3-Treasurer

- A. To prepare and forward bills for annual dues to all member schools prior to first regular meeting of the Conference.

- B. To receive and account properly for all funds of the Conference.
- C. To pay out such funds as authorized by the Conference Executive Committee.
- D. To submit at the September meeting a financial report covering the current year.

Article VI, Section 4-Vice Presidents/At Large Members

- A. To represent the member schools within their Division on all Conference matters.
- B. To fulfill any other duties designated by the President.

Article VI, Section 5-Commissioner of Ethics and Controversies

- A. To serve as chairperson of the Ethics and Controversies Committee.
- B. To appoint members to that committee which will consist of one (1) Superintendent, one (1) Principal, and one (1) Athletic Director.
- C. To convene all meetings of that committee.
- D. To prepare and forward to the Secretary complete minutes of all such committee meetings.

Article VI, Section 6-Chairperson of Sports Committee

- A. To establish a committee which is representative of a cross section of Divisional schools who participate in the sport for which he chairs.
- B. To chair the committee which shall establish two year schedules to be submitted to the Conference for adoption.
- C. To establish the procedure for and oversee the assignment of officials.
- D. To conduct Conference Playoff Tournament as prescribed by the Bylaws.
- E. To conduct All Division and All conference selection meeting.
- F. To perform all other responsibilities as requested by the G.M.C. President.

Article VII

RECRUITMENT

Article VII, Section 1-Athletic Scholarships

The granting of **Athletic Scholarships**, free tuition, or other assistance of monetary value at any level is forbidden when there is evidence that such grant was offered to induce an athlete to attend a school.

- A. The total value and dignity of the individual should not only guarantee to all an equal opportunity to participate in athletics, but should also preclude any excessive emphasis on the importance of athletics.
- B. Similarly, the proselytizing and recruiting of grammar school athletes is strictly forbidden.
- C. Specifically, proselytizing and recruiting shall be understood as attempting to induce an athlete to attend a particular school by means of:
 - (1) Mail, in the form of letters and brochures, comparing high schools and contrived to point out assets of the sender and sending districts.
 - (2) Proselytizing interviews, initiated by school personnel or association and often further aggravated by the offering of an **athletic scholarship** either from the school directly or indirectly through some affiliated body or individual
 - (3) Any evidence of recruitment by a member school shall subject the athlete to a prompt determination of eligibility by the Controversies and Disputes Committee and my subject the school and the athlete to appropriate disciplinary proceedings as set forth in **Article IV**, Section 3E. Herein, a transfer for athletic advantage is defined as, but not limited to:
 - (a) Seeking a superior athletic team,
 - (b) Seeking relief due o a conflict with the philosophy or action of an administrator, teacher , or coach relating to sports,
 - (c) Seeking a team consistent with a student’s athletic abilities,
 - (d) Seeking a means to nullify punitive action by the previous school.

GREATER MIDDLESEX CONFERENCE
SPORTSMANSHIP/ISSUES GUIDELINES FOR REPORTING AN INCIDENT

ARTICLE VIII, SECTION 3: CONFERENCE RESPONSIBILITY

The conference recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the GMC has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. In exercising its responsibility as it applies to the principles of good sportsmanship, the Conference will be guided by the following rule:

SPORTSMANSHIP RULE-HIGH STANDARDS OF COURTESY, FAIR PLAY AND SPORTSMANSHIP
MUST FEATURE ALL CONFERENCE COMPETITIONS.

ARTICLE VIII, SECTION 4A-EXECUTIVE AUTHORITY

The conference vests authority in its President, the Sportsmanship/Issues Committee, Commissioner of Ethics and Controversies and the Executive Committee to investigate and take appropriate action on any reported flagrant violation of the sportsmanship rule occurring during the regular season or GMC playoff tournament competition.

ARTICLE VIII, SECTION 4B

Reported violations shall be resolved in a manner sufficient to correct the problem and may range from a written statement of the findings by the President to the school administration, to appropriate disciplinary action.

ARTICLE VIII, SECTION 4C

Any report of a violation of good sportsmanship occurring during a GMC sponsored event, must be submitted in writing and posted within one hundred twenty (120) hours of the incident to the President of the Conference with a copy to the alleged violator and/or his/her school.

REPORTABLE INCIDENTS

- PLAYER TO PLAYER (BEFORE/DURING/AFTER THE GAME)
- FAN INCIDENTS DURING THE GAME
- ALL PLAYER/COACH EJECTIONS

Article IV, Section 3A

Protests against alleged violation of contracts, violations of the accepted standards of good sportsmanship, or of the Constitution, Bylaws and Rules and Regulations of the Conference, shall be reported in writing by a Principal of a member school to the Conference President, with a copy to the Conference Secretary within seven days of the time of such alleged violation with a copy forwarded to the alleged violator. **Protests based upon an official's judgement of the playing rules will not be honored.**

Article IV, Section 3B

The **Sportsmanship/Issues Committee shall review all charges** and determine if the alleged violation should be sent to the Controversies Committee. The Controversies Commissioner will initiate proceedings if necessary.

Article IV, Section 3C

The Commissioner will replace (temporarily) any member of the committee whose school is involved in the dispute. The President will replace the Commissioner (temporarily) if his school is involved.

Article IV, Section 3D

The Controversies Committee shall conduct a hearing to which representatives of all schools involved in any controversy shall be invited as soon as practically possible, but no later than thirty (30) days thereafter. The Commissioner shall submit a written report to the Executive Committee with copies to the parties setting forth its findings and outlining any penalties recommended.

Article IV, Section 3E

Penalties shall be assessed by the Sportsmanship/Issues Committee and the Controversies Committee for infraction of the Conference Constitution or rules and regulations and pursuant to the written reports of that particular controversies and/or dispute. Penalties may include, but need not be limited to:

1. Probation
 - a. Probation for a designated time period appears to be necessary in the discretion of the Controversies Committee and Executive Committee.
 - b. Said probationary period for a member school shall be from the date of penalty as assessed by the Controversies Committee and or the Executive Committee.

- c. Where a violation occurs in a specific sport, the Controversies Committee and the Executive Committee may apply the period of probation to that sport only.
 - d. During the probationary period, a school may play its regular schedule in sports but may not be eligible for any Divisional or Conference championship awards in that sport involved in the probation or as the Controversies Committee and/or Executive Committee may direct.
2. Suspension
 - a. Under such terms and conditions as the Controversies Committee and or the Executive Committee shall by resolution provide.
 3. Expulsion
 - a. Under such terms and conditions as the Controversies Committee and or Executive Committee shall by resolution provide.
 4. Forfeit of Games
 - a. Under such terms and conditions as the Controversies Committee and the Executive Committee shall by resolution provide.
 5. Forfeit of Championship Rights
 - a. A school may be required to forfeit championship rights by resolution of the Controversies Committee and or the Executive Committee
 6. Fines
 - a. Under such terms and conditions as the Controversies Committee and the Executive Committee shall be resolution provide.
 7. Players
 - a. A player may be suspended permanently or temporarily for violation of the constitution and Bylaws of the Conference or for violation of the Rules of Good Sportsmanship or the rules of a particular game.
 8. Coaches
 - a. A coach may be censured or barred from the field during sanctioned play and or the school employing him/her subject to probation or suspension where there is definite indication that the school district is not fulfilling its responsibility in control of its athletic program.

Article IV, Section 3F

The Sportsmanship/Issues Committee will decide either to send or not to send the dispute to the Controversies Committee. The following procedure shall be set forth

1. The **Sportsmanship/Issues Committee reviews** the dispute, issue or controversy and will decide whether it should be sent to the Controversies Committee.
2. The **Controversies Committee** will review and hear both parties dispute.
3. After the Controversies Committee rules any aggrieved party may appeal the findings on the violation or the penalty, or both to the Executive Committee. A copy of the Notice of Appeal shall be served on all interested parties. Said Notice of Appeal shall be filed within seven days of the filing of the original decision.
4. The **Executive Committee hears the appeal** and testimony from all parties.
5. The Executive Committee shall make a final ruling, they can affirm the decision of the Controversies Committee, raise or lower penalties or dismiss the violation.
6. All parties shall be notified of the Executive Committee decision. **This decision can not be appealed to the General membership of the Conference.**
7. Any **further appeal must be made to the NJSIAA.**

Article IV, Section 3

All hearings shall be of two types:

- a. informational
- b. formal

At all formal hearings all witnesses shall be sworn in and the right to cross-examination shall be preserved. Technical rules of evidence shall not be adhered to but may be considered on all questions of evidence by the Committee. **Parties requesting a formal hearing shall be required to post payment of costs of a court reporter plus a fee not to exceed \$100.00 for administrative costs.**

Article IV Section 3H

Any member school which institutes an unsuccessful appeal before the Commissioner of Education and/or the courts challenging a rule or rules of the Conference, not involving the eligibility of student-athletes, either prior to or after having first exhausted the internal appeal procedures of the Conference, will assume the full cost of such litigation, including costs and counsel fees incurred by the Conference and member school(s).

Article VIII Section 5B- Coaching Staff

All incidents of unsportsmanlike behavior shall be referred to the athletic director and school administration for prompt and appropriate action.

Article VII Section 5C- Spectators

The G.M.C. shall provide each school with a poster outlining appropriate behavior. These shall be posted and enforced.

RULES AND REGULATIONS

RULE 1. General Regulations

1. All athletic contests are to be conducted in accordance with N.J.S.I.A.A. approved rules and regulations.
2. In all cases for scheduling and/or rescheduling, Conference contests shall take precedence over non-Conference commitments.
3. The control of game conditions, including spectator control and general order, is the responsibility of the home school, and it is incumbent upon that school to provide adequate safeguards and protection. Visiting school officials should assist the home management by "supervising spectators" from their school.
4. Posters, signs, artificial noisemakers, banners, and other devices shall be barred from all indoor Conference events.
5. Home teams will wear dark colored uniforms unless otherwise specified by individual sports regulations.
6. Each school must submit a copy of its "won" and "lost" record to the sports chairman at the completion of each sports season. It is the responsibility of the Sports of the Sports Committee Chairperson to keep other informed of league standings.
7. All athletic events shall be played on the date and time scheduled unless a change is mutually agreed upon by competing schools.
8. A minimum of one (1) meeting per sport shall be held at the end of season to select All Division and/or All Conference teams and to discuss recommendations for that sport.
9. Two points shall be awarded for a win. One point will be awarded for a tie.
10. The team with the greatest number of points shall be awarded the G.M.C. Division and/or Conference Championship. In case of a tie for first place in Divisional play, head to head competition shall determine the champion. If a tie still exists, a co-champion will be awarded. If a three way tie exists, head to head to head competition with the point system will be applied to determine a champion. If a tie still exists, multiple awards will be awarded
11. **TOURNAMENT SEEDING PROCEDURES**
 - A. Each team awarded two points for a win, one point for a tie. No penalty for games not played if every effort has been made to play.
 - B. Single winners of each Division will be guaranteed a place in the **top EIGHT** seeds in the tournament. Unbreakable ties for Division winners will be guaranteed top nine, ten, eleven, etc. according to the number of teams tied. **THEY do not necessarily have to be seeded that low.**
 - C. **No team** can be seeded above any team in their division that has finished above them in the final standings.
 - D. **Points** are the only consideration for places in the standings, winning percentages are not to be considered for seeding purposes. (ex. 6 and 0, with 2 games remaining, is not above 7 and 1).
 - E. **These rules apply to all conference tournaments, single or multiple division play.**
12. A school fielding a team in a G.M.C. sport must participate in the Conference schedule as prescribed by the adopted schedule.
13. At least six (6) teams must be available to organize a Conference sport.
14. A Conference sport, which falls below the required number of teams, shall be continued as a Conference sport and championship for one (1) season from the time the sport is dropped.
15. All Conference teams must dress in appropriate prescribed uniform during games, meets, and matches. Failure to do so will result in forfeiture of said contest.
16. Once the Conference schedule for the particular sport is approved and a member has openings in its schedule, it is recommended that scheduling be done within the Conference so a school's schedule can be completed.
17. Conference passes will be issued to school administrators and to coaches. Passes shall be non-transferable. Administrator passes shall be valid for the entire school year. Coaches passes shall be valid for a sport season. Each school shall receive sufficient passes for all Board Members.
18. A school canceling a game without a cause, or failing to show without cause for a designated scheduled Conference contest shall forfeit said contest. All forfeits must be submitted on an official **Conference Forfeit Form** and then acted upon by the Conference.
19. Visiting coaches must inspect locker rooms before and after each contest.
20. Championship Playoff Tournament seeding meeting shall be open to all G.M.C coaches in their sport.
21. Official's fees shall be established by the Executive Committee and approved by the membership.
22. At or near the conclusion of each season, the Sports Committee Chairperson and his/her committee shall conduct All Division and/or All Conference selections as per prescribed procedure approved by the Executive Committee.
23. In making All Division and All Conference selections, coaches may nominate and vote for individuals, from their own teams.
24. No team or individual will be allowed to compete unless a coach or certified faculty member approved by the Board is present as per policy adopted by the N.J.S.I.A.A

Rule 2. BASEBALL

1. The National Federation Baseball Rules shall govern all Conference games as prescribed by the N.J.S.I.A.A.

2. Teams shall be placed in four (4) Divisions.
 3. Teams shall play each team in its assigned Division twice. (home/away)
 4. Crossovers can be utilized to complete the schedule.
 5. Intra-Divisional play shall determine the Divisional Champions.
 6. The G.M.C Championship will be awarded to the winner of the Conference Playoff Tournament and a runner-up award will be given to the other finalist.
 7. The Conference Playoff Tournament shall be open to all schools desiring that wish to participate by the cut-off date.
 8. Schools will be seeded using the Conference seeding procedure committee.
 9. The starting time for all weekday games shall be 4:00 pm. unless a mutually agreed alternate starting time can be established.
 10. The home team shall take pre-game infield practice at 3:00, visitors next.
 11. Lineup cards shall be exchanged with the umpire at 3:55.
 12. The home team shall provide a ground rule card for both umpire and visiting team.
 13. All coaches on the base paths shall be in team uniform.
 14. All Conference rained out games are to be rescheduled for the next available open date.
 15. The Baseball Sports Committee Chairperson and his/her committee shall be responsible for all officials for Conference games assigned from an established list of officials approved by the G.M.C. athletic directors who sponsor baseball teams.
 16. The Baseball Sports Committee Chairperson and his/her committee shall conduct All Division meetings in accordance with **Rule 15**.
- 17.** Awards. In baseball there will be seventeen (17) All Division

18. Rule 3. BASKETBALL - BOYS/GIRLS

1. The National Federation of Edition of Basketball Rules of the United States and Canada shall govern all Conference games as prescribed by the N.J.S.I.A.A.
2. There shall be two carded officials assigned to all varsity contests and, wherever possible, to all junior varsity and freshmen games. When only one official arrives for a game to which two officials are usually assigned, the game must be played. Same applies when an official is unable to complete the assignment. (Refer to page 144 in NJSIAA book)
3. The Basketball Sports Committee Chairperson shall oversee officials for Conference games.
4. At the conclusion of the junior varsity game, there shall be a **fifteen (15) minute** warm up period which shall begin immediately upon the entrance of the first competing team to the floor.
5. A faculty member or an adult who is not a student shall operate the time clock for varsity games. It is recommended that an experienced person operate the time clock at junior varsity and freshmen games.
6. It is recommended that a faculty member be the varsity scorekeeper.
7. Pep bands shall be permitted at all G.M.C. games.
8. Spectators are not allowed to stand under the baskets.
9. It is recommended that the home school provide a chalkboard, chalk, eraser, water and basketballs for the visiting team.
10. Teams shall be placed in (4) Divisions.
11. Teams shall play each team in its assigned Division twice (home/away).
12. Crossovers can be utilized to complete the schedule.
13. Intra-Divisional play shall determine the Divisional Champions.
14. The G.M.C Championship will be awarded to the winner of the Conference Playoff Tournament; a runner-up award will be given to the other finalist.
15. The Conference Playoff Tournament shall be open to all schools declaring that they wish to participate before the cut-off date.
16. Schools will be seeded using the Conference seeding procedure.
17. The Basketball Sports Committee Chairperson and his/her committee shall conduct All Division/All Conference meetings in accordance with **RULE 15. AWARDS**. In boys/girls basketball there will be eight (8) All Division awards.

18. RULE 4. BOWLING

1. The American Junior Bowling Congress Rules shall govern all G.M.C. games as prescribed by the N.J.S.I.A.A.
2. All games to start promptly at 3:45 p.m. If both teams are available and prepared to play.
3. Team or teams not ready to start at 4:00 p.m. must forfeit the first game.
4. A legal line-up is defined as four or more eligible players in a six player team league.
5. Teams bowl for average in all forfeitures.
6. Warm-up prior to game shall be one ball on each of the alleys to be played on per player. Both teams must be present.
7. Substitutes shall be given one warm-up ball on each alley of play.
8. In 'team of six' play - best five scores count toward team points.
9. Scoring for the purpose of win/lose, 4 point system is used: 1 point per game (total pins); 1 point per match (total pins); ½ point for tie.
10. Postponements shall be played the following day of scheduled match whenever possible.

11. It is the responsibility of the coaches to maintain complete supervision of their players in the best interest of the team and the Conference.
12. All players are to be uniformed properly and remain in their area of play while competing.
13. Teams shall be placed in two Divisions.
14. Intra-Divisional play shall determine the Division champions.
15. The G.M.C. Championship shall be awarded to the winner of the Conference Playoff Tournament and a runner up will be given to the other finalist.
16. The Bowling Sports Committee shall establish the Conference Playoff Tournament format and shall submit said to the Executive Committee for approval no later than January 15 each year.
17. The Bowling Sports Committee Chairperson and his/her committee shall conduct All Division/All Conference meetings in accordance with Rule 15. Awards. In bowling there will be eight (8) All Division awards.

18. RULE 5. FIELD HOCKEY

1. The National Federation Rules shall govern all G.M.C. games as prescribed by the N.J.S.I.A.A.
2. Teams shall be placed in one Division.
3. Teams shall play each Conference team twice (home/away)
4. The team with the greatest number of points shall be awarded the G.M.C. Championship. In case of a tie for first place, head-to-head competition shall determine the champion. If it still exists, a co-championship shall be awarded. Two points shall be awarded for a win. One point shall be awarded for a tie.
5. The G.M.C. Champion shall receive a team award; a runner-up award will be given to the other finalist.
6. Dark colored socks shall be worn by the home team.
7. All weekday contest shall begin at 3:45 p.m. during daylight savings time. All weekday contest after daylight savings time shall begin at 3:30 p.m.
8. When the varsity and junior varsity games are not played simultaneously, the junior varsity games shall follow the varsity team at the game site.
9. The athletic directors of schools sponsoring the field hockey shall obtain their own officials from an established list of officials approved by the G.M.C. athletic directors who sponsor field hockey teams.
10. The field Hockey Sports Committee Chairperson and his/her committee shall conduct All Division meetings in accordance with **RULE 15. Awards**. In field hockey there will be seventeen (17) awards for All Division.

RULE 6. FOOTBALL

1. The National Federation rules shall govern all G.M.C. games as prescribed by the N.J.S.I.A.A.
2. Saturday contests are recommended to begin at 1:00 p.m.
3. Postponements shall be made no later than three (3) hours prior to game time. It is strongly recommended that postponed games be played the following day at a mutually agreed upon time.
4. There shall be a minimum of four (4) carded officials for each of the varsity games.
5. The electric scoreboard shall be the official time and must be operated by a certified official. If the clock is inoperative or becomes inoperative at any time during the game, the official shall move to the field and resume his duties.
6. It is recommended that a "box man" official be assigned to each game.
7. It is recommended that the chain crew be adults and shall wear uniformed vests supplied by the home team.
8. Sideline passes shall be issued to both teams for varsity games. It is the responsibility of the home team, with assistance from the visiting school, to keep sidelines free of non-essential personnel. It is recommended that the home team, with assistance from the visiting school, to keep sidelines free of non-essential personnel.
9. It is recommended that the home school have a physician on the field during all varsity games.
10. The home school shall receive reserved seating space for the visiting band.
11. Each school shall provide a desirable vantage point for a two member film crew and at least one visiting coach.
12. It is recommended that all sub-varsity games be play ten (10) minute quarters.
13. Junior varsity teams shall play Monday following the varsity game at the opposite site and shall wear the same color jersey as the varsity.
14. Freshmen games shall be played Friday before the varsity game at the opposite site and shall wear the same color jersey as the varsity.
15. The Football Sports Committee Chairperson and his/her committee shall conduct All Division/All Conference meetings in accordance with **Rule 15. Awards**. In football there will be thirty-six (36) All Division awards.
16. Pre-game
 - A. Teams must leave the field twenty-five (25) minutes prior to game time.
 - B. Visiting bands shall perform at the conclusion of the pre-game warm-ups and must conclude their performance ten (10) minutes prior to the scheduled game time.
 - C. Teams shall return to the field ten (10) minutes prior to game time.
 - D. The introduction of starting line-ups shall begin ten (10) minutes prior to scheduled game time.
 - E. The home team shall present the colors and the home team band shall play the National Anthem from the bleachers.

17. Half-time
 - A. There shall be twenty (20) minute half-time.
 - B. The home band shall perform a half-time show as soon as both teams have cleared the field and shall clear the field five (5) minutes before the start of the second half.
 - C. The competing schools shall return to the field five (5) minutes before the start of the second half.
18. Post-game
 - A. Victory marches are prohibited.
 - B. Both teams shall exit the field in an orderly sportsmanlike manner.
19. Film exchange policy:
 - A. All schools will exchange film/video tape.
 - B. All schools will exchange for best. i.e. If a school video tapes only, then that is what will be exchanged for a film; if a school films only, then that is what will be exchanged.
 - C. Two game films will be exchanged, the last played and one film of the opponent's choice.
 - D. All exchanges are to take place on Monday unless the coaches make other arrangements.
 - E. In the event of the first game, game scrimmage film/tapes will be exchanged.
 - F. If a school is involved in an early opener, a game film will be exchanged for a game scrimmage.
20. Opening day opponents shall be permitted to scout each other's final scrimmage,
21. The Football Sports Committee Chairperson shall be responsible for the assignment of all officials for Conference games from an established list of officials approved by the G.M.C. athletic directors who sponsor football games.

Rule 7. Golf

1. The United States Golf Association Rules shall govern all G.M.C. matches as prescribed by the N.J.S.I.A.A. Ball may be moved six (6) inches only when in own fairway. Sand traps – Ball must be played where it lies. If opposing team player agrees that the ball is in a footprint, only then can a ball be lifted, sand smoothed and ball replaced.
2. All golf matches shall be medal play with up to six (6) members of each team participating with the five (5) lowest scores counting toward the team score.
3. Number of players – Any team starting with less than five (5) players or finishing with less than five (5) players (in case of a disqualification) shall automatically lose the match, but not forfeit.
4. No team or individual will be allowed to compete unless a coach or certified faculty member is present.
5. Coaches will act as officials. They are to play or walk in the middle of the groups in order to supply any necessary rulings.
6. A written line-up shall be exchanged by the coaches prior to the start of the match.
7. All competitors shall carry their bags and shall wear the team uniform.
8. On the day of the matches there will be no practice on the course of competition.
9. Each player will keep the scores of his opponent as well as his own score.
10. No spectators, caddy, or other team member may accompany any member of the team in any official match.
11. The greens fees, if any, are to be paid by the home team.
12. Tee-off time and site are to be determined by the committee chairperson.
13. Teams shall be placed in two Divisions.
14. Teams shall play each team in their own Division twice (home/away) and when scheduling permits crossover once with each team in the other Divisions.
15. Intra-Divisional play shall determine Divisional champions.
16. The G.M.C. Championship shall be awarded to the winner of the Conference Playoff Tournament and a runner-up award will be given to the other finalist. The conference Playoff Tournament shall be open to all schools. Schools fielding a golf team can enter up to five (5) individuals. All other schools can enter two(2) individuals.
17. All Divisional champions or co-champions shall be seeded prior to seeding other qualifiers. Seeds shall be determined by vote of the committee. In those Divisions where a co-championship occurs, no other team from that Division shall automatically qualify.
18. The remaining six (6) teams shall be selected by the seeding committee.
19. The teams not selected for the Conference Playoff Tournament shall be permitted to enter up to two (2) players.
20. A team trophy shall be awarded. Medals shall be awarded to the top five (5) individual scores.
21. The Golf Sports Committee Chairperson and his/her committee shall conduct All Division/All Conference meetings in accordance with **Rule 15. Awards**. In golf there will be nine (9) All Division awards.
22. All Division nominations must include scores, course, par and strokes over or under par, opponent, date (i.e. J. Smith, 42, Tamarack Red, 36, +6, Edison, 4/1/87).

RULE 8. GYMNASTICS

1. The National Federation Girls Gymnastics Rules, unless modified, shall govern G.M.C. meets as prescribed by the N.J.S.I.A.A.
2. Teams shall be placed in one Division.
3. Teams shall play each team within their Division once.
4. Dual meets shall determine G.M.C. Champions.
5. The Conference Champions shall receive a team award and a runner-up award will be given to second place.
6. The G.M.C. shall conduct an Individual Gymnastics Championship open to all individuals.
 - A. The top five individuals in each event shall be awarded medals.
 - B. The top five all-around competitors shall be awarded medals.
 - C. The date and time approved by the Executive Committee upon the recommendation of the Sports Chairperson.
7. All dual meets shall have at least one certified official. It is recommended that two officials be assigned.
8. The Gymnastics Sports committee Chairperson shall submit Conference schedules to the Central chapter for assignment.
9. Officials fees shall be established by the Executive committee and approved by the membership.
10. The Gymnastics Sports committee Chairperson and his/her committee shall conduct All Division meetings in accordance with **Rule 15. Awards**. In gymnastics there will be twelve (12) awards for All Division.

RULE 9A. SOCCER-BOYS

1. The National Federation soccer Rules shall govern all G.M.C. games with the following exceptions as prescribed by the N.J.S.I.A.A.

Article 1...Unlimited substitutions may be made on any dead ball, except fouls, on the field of play.

Article 2...Clock will continue to run except following the scoring of a goal, on a penalty kick, or when ordered by the official.

2. Teams shall be placed in four (4) Divisions.
3. Teams shall play each team in its assigned division twice (home/away).
4. Crossovers can be utilized to complete schedule.
5. Intra-Divisional play shall determine the divisional champions.
6. The G.M.C. championship shall be awarded to the winner of the conference playoff Tournament and a runner-up award will be given to the other finalist.
7. The Conference playoff tournament shall be open to all schools declaring that they wish to participate by the cut-off date.
8. Schools will be seeded using the Conference seeding procedure.
9. The Soccer Sports committee Chairperson shall be responsible for all Officials. Officials are taken from an established list of officials approved by the G.M.C. athletic directors who sponsor soccer.
10. All games shall begin at 3:45 p.m. After the loss of daylight savings time, games shall begin at 3:30 p.m. Saturday games shall begin at 10:00 a.m.
11. The Soccer sports committee Chairperson and his/her committee shall conduct All Division/All Conference meetings in accordance with **Rule 15. Awards**. In girls' soccer there will be eighteen (18) All division awards. There shall be two carded officials assigned to all varsity contests and, wherever possible, to all junior varsity and freshmen games. When only one official arrives for a game to which two officials are usually assigned, the game must be played. Same applies when an official is unable to complete the assignment.(Refer to page 144 in NJSIAA book)

RULE 11. TENNIS – GIRLS (FALL)/BOYS (SPRING)

1. The United States Tennis Association Rules shall govern all G.M.C. matches as prescribed by the N.J.S.I.A.A.
2. Teams shall be placed in three (3) Divisions.
3. Teams shall play each team in its Division twice (home/away).
4. Intra-divisional play shall determine the division Champions.
5. Crossovers can be utilized to complete the schedule.
6. The G.M.C. Championship shall be awarded to the winner of the conference Tournament and a runner-up award will be given to the other finalist.
7. The Tennis sports Committee Chairperson shall establish the conference tournament format and shall submit said to the Executive committee for approval. A consolation round will be played to determine third place at the conference

championships for all five levels (1st, 2nd & 3rd singles, 1st & 2nd doubles.) Teams and individual awards shall be presented as following:

Gold medals to all first place finishers in all five levels
Silver medals to all second place finishers in all five levels
Bronze medals to all third place finishers in all five levels

8. The starting time for all weekday matches shall be 3:45 p.m. unless an alternate time is mutually agreed upon by the competing teams.
9. Coaches shall enforce practice time of ten (10) minutes and five (5) for serves. All practice serves must be taken prior to the start of sets.
10. Players or coaches may request non-participants be removed from the playing area if they are interfering with play.
11. All team participants must wear a team issued uniform.
12. A strict code of tennis ethics and sportsmanship shall be adhered to by all players and coaches.
13. All Conference rained out matches are to be rescheduled for the next available open date.
14. The Tennis Sports Committee Chairperson and his/her committee shall conduct All Division/All Conference meeting in accordance with **Rule 15. Awards**. In boys and girls tennis there will be eleven (11) All Division awards.

RULE 13. CROSS COUNTRY/ WINTER TRACK/ OUTDOOR TRACK GENERAL RULES

1. The National Federation Track and Field Rules, unless herein modified, shall govern all G.M.C. cross country, winter track, and outdoor track meets as prescribed by the N.J.S.I.A.A.
2. All participation limitations will be in accordance with the N.J.S.I.A.A. rules. In championship meets any excess competitors will be eliminated from events by the meet director after time for their event.
3. All relay teams must be dress in identical school issued uniforms as per N.J.S.I.A.A. rules.
4. All relay teams must be dressed in identical school issued uniforms as per N.J.S.I.A.A. rules.
5. All track athletes will be dress in school issued uniform as per N.J.S.I.A.A. rules.
6. In dual meets the minimum of three (3) certified officials will be hired. These shall be starter/referee, head finish judge (time) and the head field judge.
7. The meet director shall hire the officials for all championship meets.
8. Starting time for cross country and spring dual meets shall be 4:00 p.m.
9. Winter dual meets – Every effort should be made to start as early as possible due to the weather and light factor.

ENTRIES INTO MEETS

1. In championship meets, each school shall be limited to three (3) contestants per school with no alternates or post entries permitted.
2. Participation limits will be those of the N.J.S.I.A.A. The Relay Rule of the National Federation will be in effect in the Conference.
3. In running relays for championships, the only contestants eligible to compete on the relay team will be those listed on the Official Card turned into the Clerk of Course. If six are listed, any four of the six may run, but the listing of a name on the card counts as participation in an event.
4. Entries listed on the entry blanks for championships or relay cards are final.
5. In all events, both individual and relays, cards will be submitted to the clerk (running) and the field judge (field events) listing the name, number and time, height or distance of the competitor.
6. Numbers will be worn in running events for championships and the anchor man for relays. These are to be pinned on and schools will supply their own pins.
7. Scoring in championships shall be 6-4-3-2-1.
8. Events will be listed on all entry blanks and will follow N.J.S.I.A.A. events.
9. All field events' implements will be checked in before events begin for legality. If there is no means to check the implements, the events judge may select two or three implements to be used by all competitors in the shot put and discus.
10. The site director will inform all schools as to the type of shoes and spikes that may be used at the site.
11. Coaches and anyone associated with a Conference team shall be required to remain in the coaching areas.
12. The meet director and referee shall determine the starting heights, regulate succeeding elevations and tie breakers.
13. The meet director and head clerk shall eliminate or rearrange any hear which may not be necessary due to a lack of competitors at check in time.
14. A Jury of Appeals (meet director, referee, on starter and on clerk) shall govern all championship meets.

RULE 13A. CROSS COUNTRY

1. Teams shall be placed in three (3) Divisions of boys and girls.
2. Teams shall meet each team in its assigned Division once.
3. Crossovers can be utilized to complete schedule.
4. Intra-Divisional competition shall determine Division champions.
5. All cross country courses shall be standardized to 5,000 meters – 3.1 miles.
6. Dual and/or double dual meets

- A. Dual and/or double dual meets shall be conducted at the home site of the competing schools as assigned by the G.M.C. schedule.
 - B. All G.M.C. dual or double meets shall be scheduled to start at 4:00 p.m.
 - C. Teams arriving late shall have a maximum warm-up time of ten (10) minutes and may lose the opportunity to tour the course.
 - D. When boys and girls dual meets are to be held at the same site, the first race shall be done not later than fifteen (15) minutes before scheduled time of the first race. It may be done in advance by respective athletic directors. By mutual agreement, boys and girls may run together.
 - E. Each school is limited to a maximum of twelve (12) members but only the first seven (7) will score. A minimum of five (5) runners must finish the race in order to obtain a team score. All ties in team scores will be broken in accordance with the N.J.S.I.A.A. rules and regulations for scoring.
 - F. All runners must wear a school issued uniform with only the shirt being of the exact color and style. Apparel may be worn under the uniform for warmth and not adornment. The jewelry rule of the N.J.S.I.A.A. shall be in effect. Girls may wear two (2) inch head bands but not the boys. Hats may be worn only in severe inclement weather.
 - G. It is strongly recommended that the course be lined or flags be used as a means of direction.
 - H. Running infractions or regulations or failure to follow the course may cause disqualification.
 - I. In the event junior varsity races are held, they will follow the varsity race. Where practical, races should begin before the other race if over at time intervals practical for the site.
 - J. A minimum of one certified official shall be hired for a dual meet.
7. Championship Meet
- A. The G.M.C Championship shall be awarded to the winner of the Conference Championship Meet; the runner-up award will be given an opportunity to walk the course.
 - B. Providing no undue delay results, teams shall be given an opportunity to walk the course.
 - C. The rule for the G.M.C. Championship Meet shall be promulgated, published and forwarded to each school by the Cross Country Sports Committee Chairperson upon review of the Executive Committee.
 - D. Championship Meet entries shall be sent to all schools for team and individual entries.
 - E. On the day of the Meet, each school shall be provided with an entry card. Each school shall list up to ten (10) names, seven (7) of which shall run in the meet.
 - F. All teams must dress in identical uniforms. If more than one wears undergarments, all must be identical.
 - G. The top ten (10) individuals shall receive individual medals.
8. The Cross Country Sports Committee Chairperson and his/her committee shall conduct All Division/All conference meetings in accordance with **Rule 15. Awards**. In cross- country, there will be ten (10) All Division individual awards.

RULE 13B. WINTER TRACK

- 1. Intra-Divisional competition shall determine Division champions.
- 2. The Conference shall conduct:
 - A. Conference Relay Meet – boys and girls
 - B. Championship Individual Meet – boys and girls
- 6. The Conference Championship shall be awarded to the winner of the G.M.C. Championship Individual Meet; the runner-up will also be given a finalist award. Individual medals shall be awarded to the first five, (5), places in each event.
- 7. Conference Relays – The team with the highest number of points shall win the Relay Championship. The Divisional relay champions shall be determined by the team (s) with the greatest number of points within the assigned Divisions. Individual medals shall be presented to the first three (3) teams in each event. No divisional award shall be presented to the Conference champions.
- 8. The Winter Track Sports committee Chairperson and his/her committee shall conduct All Division/All Conference meetings in accordance with **Rule 15. Awards**. In winter track there will be eighteen (18) All Division individual awards.
- 9. Dual and double dual meets
 - A. The order of events shall be for boys and girls as follows:
 - 1) 55 meter high hurdles, 33” height for girls
 - 1a) Shot put to start immediately
 - 2) 55 meter dash

- 3) 1600 meter fun (boys and girls race combined, scoring separate)
 - 4) 400 meter dash
 - 5) 800 meter dash
 - 6) 3200 meter run (girls and boys race combined, scoring separate)
 - 7) Four (4) by 400 meter relay
 - 8) High jump – Time of the event is determined by the facilities of the site. If possible, it should be run as the meet is progressing so it is finished when the meet will be.
- B. In the event boys and girls teams run at the same meet, events shall run alternately with the exception of the 1600 and 3200 meters which will be combined if the size of the track permits.
- C. Three (3) certified officials shall be hired for dual meets – starter/referee, head finish judge/timer, head field judge.

10. Conference Individual Meet

Order of events will be:

- 1) Shot put
- 2) 55 meter high hurdles
- 3) 55 meter dash
- 4) 1600 meter run (final on time)
- 5) 400 meter run (final on time)
- 6) 800 meter run (final on time)
- 7) 3200
- 8) 4 x 400 relay (final on time)
- 9) high jump will be conducted on the day and site selected by the athletic directors.

11. Conference Relay Meet

A. Order of events:

- 1) High jump relay (two/three contestants – six (6) jump rule)
- 2) Shot put (three contestants) three throws each – no final
- 3) 240 yd. Shuttle hurdle relay (4 x 60 yds.--final on time)
- 4) 3200 meter relay (4 x 800 – final on time)
- 5) 800 meter relay (4 x 20 – final on time)
- 6) Distance medley (800m – 400m –1200m – 1600m – final on time)
- 7) Sprint medley (200m – 200m- 400m –800m- final on time)
- 8) 1600 meter relay (4 x 400m- final on time)

B. Each school shall be allowed on relay team per school.

C. Scoring shall be 6-4-3-2-1.

RULE 13C. SPRING TRACK

1. Teams shall be placed in three (3) Divisions of boys and girls.
2. Crossovers can be utilized to complete the recommended schedule.
3. Teams shall meet each team in its Division once.
4. Intra-divisional competition shall determine Division champions.
5. The Conference shall conduct:
 - A. Conference Relay Meet – boys and girls
 - B. Conference Championship Meet
6. The conference Championship Trophy shall be awarded to the winner of the G.M.C. Championship Meet; the runner-up will also be given a finalist award. Medals shall be awarded to the first five (5) place winners.
7. The Divisional Qualifying meet shall determine the participants for the G.M.C. Championship Meet. Qualifiers shall be the top five (5) performers in each event in each Division, and the top five (5) performers in the 100, 200, 110m, and 100 hurdles.
8. Conference Relays – The team with the highest number of points shall win the Relay Championship. The Divisional Relay Champions shall be determined by the teams(s) with the greatest number of points within the assigned Divisions. Individual medals shall be presented to the first three (3) teams in each event. No Divisional award shall be presented to the Conference Champion.
9. The Outdoor Track Sports Committee Chairperson and his/her committee shall conduct All Division/All Conference meeting in accordance with **Rule 15. Awards**. In boys' spring track there will be twenty-seven (27) All Division awards. In girls' spring track there will be twenty-five (27) All Division awards.
10. Dual Meets

- A. The N.J.S.I.A.A. approved events will be held as follows:
- | | | |
|----|----------------------------|-------------------------|
| 1) | Boys | Girls |
| | 400 m intermediate hurdles | 400 m low (30") hurdles |
| | 100 m high hurdles | 100 m (33") hurdles |
| | 100 m dash | 100 m dash |
| | 1600 m run | 1600 m run |
| | 400 m dash | 400 m dash |
| | 100 m high hurdles | 100 m (33") hurdles |
| | 800 m run | 800 m run |
| | 200 m dash | 200 m dash |
| | 3200 m run | 3200 m run |
| | 4 x 400 m relay | 4 x 400 m relay |
- 2) One half hour before the running events, the long jump, shot put, high jump and pole vault will start. The discus will follow the shot put, and javelin will follow the discus. However, due to home team conditions, this may have to vary, but the visiting team should be notified in advance of the meet.
- 3) The high hurdles for boys and girls will start immediately following the long jump (and, if possible, the high jump). The other field events will continue on during the progress of the running events so that all meets shall finish in a reasonable length of time.
- B. Each school is entitled to five (5) entitled in each event. The scoring competitors must be declared in advance of the event.
- C. Field events
- 1) Each competitor shall receive four attempts, throws, or long jumps.
 - 2) All ties will be broken as per the Rule Book.
- D. In single dual meets, junior varsity or extra heats below the 800 meters may be added only if both teams have entries.
- E. A minimum of three (3) certified officials will be hired for each meet – starter/referee, head field judge, head timer/finish judge.

11. Double Dual Meets

- A. The same events as listed for single dual meets will be held and in the same order as above.
- B. All field events (shot put, discus, javelin, long jump) will be limited to four (4) throws or jumps (long jump) and the results will constitute a final.
- C. The hurdle race will begin as soon as the long jump is completed. However, the remaining field events will continue to their completion while the remaining running events are being completed.
- D. Field events:
- 1) Will start with the boys shot put and the girls javelin. Order of progression will be boys shot put to boys discus and then the javelin. The girls will progress from the javelin to the shot put to the discus.
 - 2) This might be varied due to the home site field irregularities. The visiting team should be notified in advance.
 - 3) Each school will be limited to three (3) contestants.
- E. It is strongly recommended that the boys and girls 3200 meter race be run at the same time, providing there is room on the track.
- F. In the event there are three boys teams running a double dual meet, the hurdles and dashes will have to be run on a time basis. Meet management determined by the referee and clerk (or head judge) will determine the heats after receiving seed time from the respective coaches. All other events will be finals on a time basis.
- G. High jump and pole vault should start immediately so that meet will end in a reasonable time.
- H. It is recommended a minimum of five (5) officials be hired for double dual meets.

12. Order of Events

- A. Field events
- Boys/girls shot put – three (3) contestants (three (3) throws each)
- Boys/girls long jump – three (3) contestants (three (3) jumps each)
- Boys/girls discus – three (3) contestants (three (3) throws each)
- Boys/girls javelin – three (3) contestants (three (3) throws each)
- Boys pole vault – three (3) contestants each, six (6) jump rule, starting height to be set
- Boys/girls high jump – three (3) contestants each, six (6) jump rule, starting height to be set
- In the field events, except for the shot put and pole vault, boys and girls events will immediately follow one another in rotation.
- B. Running events as follows:
- Girls – 6400 meter relay (4 x 1600 m, final on time)

- Boys - 6400 meter relay (4 x 1600 m, final on time)
 - Girls – 3 x 400 intermediate hurdles (final on time)
 - Boys – 3 x 400 intermediate hurdles (final on time)
 - Girls – 400 meter relay (4 x 100m, final on time)
 - Boys - 400 meter relay (4 x 100m, final on time)
 - Girls - 3200 meter relay (4x 100m, final on time)
 - Boys – 3200 meter relay (4 x 400m final on time)
 - Girls – shuttle hurdle relay (final on time)
 - Boys – shuttle hurdle relay (final on time)
 - Girls – 1600 meter relay (4 x 400 m, final on time)
 - Boys – 1600 meter relay (4x 400 m, final on time)
 - Girls – sprint medley (200m, 200m, 400m, 800m; final on time)
 - Boys - sprint medley (200m, 200m, 400m, 800m; final on time)
 - Girls – distance medley (800m, 400m, 1200m, 600m; final on time)
 - Boys - distance medley (800m, 400m, 1200m, 600m; final on time)
 - Girls – 800 meter relay (4 x 200m, final on time)
 - Boys – 800 meter relay (4x 200m, final on time)
- C. Cards will be turned in before each of the events (running and field) listing competitors and team time. This card will determine the seed of the team by the clerk.

13. Boys/Girls Outdoor Track and Field Championship

A. Running events

- Boys – 110 m hurdles semi-finals
- Girls – 100 m hurdles semi - finals
- Boys - 100 m dash semi – finals
- Girls - 100 m dash semi – finals
- Boys – 110 m high hurdle finals
- Girls – 100 m high hurdle finals
- Boys – 100 m dash finals
- Girls – 100 m dash finals
- Boys - 1600 m finals
- Girls – 1600 m finals
- Girls - 200 m trials
- Boys – 400 m finals (2 heats on time)
- Girls - 400m finals (2 heats on time)
- Boys – 400 m intermediate hurdles finals (2 heats on time)
- Girls – 400 intermediate hurdles finals
- Boys – 800 m finals
- Girls – 800 m finals
- Boys – 200 m finals (2 heats on time)
- Girls – 200 m finals (2 heats on time)
- Boys – 3200 m finals
- Girls – 3200 m finals
- Boys – 1600 m (4 x 400) relay finals (2 heats on time)
- Girls – 1600 m (4 x 400) relay finals (2 heats on time)

B. Field events

- | | |
|---------------|---------------------------------|
| 1) Pole vault | Boys/Girls |
| 2) Long jump | Boys |
| 3) High jump | Girls |
| 4) Shot put | Boys |
| 5) Javelin | Boys |
| 6) Discus | Girls |
| 7) Long jump | Girls (when boys are completed) |
| 8) High jump | Boys (when girls are completed) |
| 9) Shot put | Girls (when boys are completed) |
| 10) Javelin | Girls (when boys are completed) |
| 11) Discus | Boys (when girls are completed) |

14. Officials/Outdoor Relays and Championship Meets

The G.M.C. recommends the following guidelines be utilized when hiring officials:

Meet Director
 Referee
 Site Manager
 Starters (2)
 Head Clerk
 Clerks (2)
 Head Judge
 Head Timer
 Five (5) Timers
 Five (5) Finish Judges
 One (1) Finish Line Recorder
 Four (4) Inspectors
 One (1) Announcer
 Two (2) Scorekeepers
 One (1) award Table Custodian
 Three (3) shot Put (one student assistant)
 Three (3) Discus (one student assistant)
 Three (3) Javelin (one student assistant)
 Two (2) Long Jump (one student assistant)
 Two (2) High Jump (one student assistant)
 Two (2) Pole Vault (one student assistant)
 One (1) Chief of Hurdles (10 hurdle setters)
 Two (2) Runners

RULE 14. WRESTLING

1. The National Federation Wrestling Rules shall govern all G.M.C. meets as prescribed by the N.J.S.I.A.A.
2. The home team shall have the option of utilizing two mats simultaneously.
3. An adult who may be a faculty member shall be the official timer.
4. The Wrestling sports Committee chairperson shall be responsible for the assignment of all Conference (varsity, junior varsity, and freshmen officials. An approved list of officials shall be established by vote of the athletic directors.
5. The home team scale shall be the official scale. The scale shall be properly certified and stamped by the Bureau of Weights and Measures.
6. a. When the junior varsity meet precedes the varsity meet, the weigh-in of both the varsity and junior varsity teams shall start not more than one (1) hour nor less than thirty (30) minutes prior to the scheduled start of the varsity meet.
6. b. When the varsity meet is held first, the varsity and junior varsity shall weigh in a minimum of thirty (30) minutes prior to the scheduled start of the junior varsity meet.
6. c. If the weigh-in does not occur as soon as the visiting team arrives, the visiting team shall have access to the official scale.
7. Postponed meets shall be rescheduled on the next available open date unless a mutually agreed upon date is arrived at.
8. Both coaches shall meet and discuss mutual problems before the contest begins.
9. No food shall be eaten in the gym by the competitors.
10. The home team shall establish the procedure for the introduction of the teams by the public address announcer.
11. Visiting teams shall be responsible for the cleanliness of the locker room.
12. When the visiting team cannot occupy the locker room after weigh-ins, another area shall be provided for the wrestlers to eat and relax.
13. Only team members and authorized school personnel shall occupy the bench area.
14. Teams shall be place in three (3) Divisions.
15. Teams shall meet each team in its assigned Division once.
16. Crossovers can be utilized to complete the G.M.C. schedule.
17. Intra-Divisional competition shall determine Division champions.
18. The G.M.C. Championship shall be awarded to the winner for the Conference Playoff Tournament. A runner-up award will be given to the other finalist. Four individual medals in each weight class shall be awarded.
19. All G.M.C. schools sponsoring wrestling shall be invited to participate in the Conference Playoff Tournament.
20. The Wrestling Sports Committee Chairperson shall establish with the G.M.C. coaches the Conference Playoff Tournament rules governing eligibility, seeding and awards. Said procedure shall be reviewed by the Executive Committee and approved by the Membership.
21. The Wrestling Sports Committee Chairperson and his/her committee shall conduct All Division/All Conference meetings in accordance with **Rule 15-Awards**. In wrestling there will be twenty (20) All Division awards.

RULE 14A. SWIMMING

1. The National Federation Swimming Rules shall govern all G.M.C. meets as prescribed by the N.J.S.I.A.A.
2. The Swimming Sports Committee Chairperson shall submit Conference schedules for Divisional competition.

3. Teams shall meet each team in the Division once.
4. Boys' and girls' dual meets are to be held at the same site. Co-ed meets may have boys and girls swim together.
5. Teams shall be labeled, boys' only, girls' only, or co-ed before the start of the team's first scheduled meet of the season.
6. The home team will be responsible for assigning all officials for the respective dual meets. At least two officials should be assigned.
7. Postponed meets shall be rescheduled by mutual agreement and availability of pool usage by either team.
8. Both coaches shall meet and discuss mutual problems before the contest begins.
9. The G.M.C. Championship shall be awarded to the winner of the Conference Swimming Championship. A championship award and a finalist award along with six (6) medals in individual events and (3) three medals in relay events will be awarded. A separate boys' and girls' Conference Swimming Championship shall be held.
10. A separate diving championship will be held preceding the swimming championships. Scoring on diving will be held on an individual basis and not be part of the Conference Swimming Championships. Six (6) individual medals will be given to the respective boys and girls competing in the diving events. Diving is counted as participation in one individual event.
11. All schools sponsoring swimming whether individuals or teams shall be invited to participate in the Conference Swimming Championship.
12. Individuals sponsored by schools without Divisional teams can compete for medals but cannot score team points towards the Conference Swimming Championships. Points for place winners will be adjusted according to this format. Co-ed teams may have their swimmers compete on a team basis during their respective championship, girls during the girls' championship, boys during the boys' championship.
13. The Swimming Sports Committee Chairperson shall establish with G.M.C. swimming coaches the Conference Swimming Championship rules governing eligibility, seeding, and awards. Said procedure shall be reviewed by the Executive Committee and approved by the membership.
14. The Swimming Sports Committee Chairperson and his/her committee shall conduct All Division/All Conference meetings in accordance with **Rule 15-Awards**.

RULE 14 B. BOYS LACROSSE

1. The National Federation Lacrosse rules shall govern all GMC games as prescribed by the NJSIAA.
2. Teams shall be placed in one division.
3. Teams shall be each team in their division once.
4. The Conference Champions shall receive a team award as well as 18 individual awards
5. The runner up shall receive a finalist award
6. The Conference playoff tournament is open to all schools declaring that they wish to participate by the cut off date.
7. Schools will be seeded using the Conference seeding procedure.
8. The lacrosse committee chairperson and his/her committee shall conduct All GMC team in accordance with Rule 15 Awards
9. There shall be two carded officials assigned to all varsity contests and wherever possible, to all junior varsity and freshman games. When only one official arrives for a game to which two officials are usually assigned the game must be played.

RULE 14 C. VOLLEYBALL GIRLS AND BOYS

1. All athletic contests are to be conducted in accordance with National Federation Volleyball rules, unless modified by the NJSIAA.
2. Teams shall be placed in one division until a total of at least twelve teams are available.
3. The Greater Middlesex Conference championship will be awarded to the winner of the conference playoff tournament, and a runner-up award will be given to the other finalist.
4. The conference playoff tournament shall be open to all schools running a varsity program by the cut off date.
5. Schools will be seeded using the conference seeding procedures.
6. The starting times for the JV game shall be 3:45 PM unless previously mutually agreed upon.
7. The home team shall provide drinking water at the bench area to the visiting team.
8. All conference canceled matches are to be rescheduled for the next available dates.
9. The soccer sports committee chairperson/s and his/her/their committee shall be responsible for all officials for conference games.
10. The volleyball committee chairperson/s shall conduct all Division/All Conference meetings in accordance with Rule 15.

RULE 15. AWARDS

1. **CONFERENCE CHAMPIONSHIP TEAM MEMBERS**
Each varsity letter winner of a Championship team shall receive a G.M.C. Plaque. The winning school shall present a typed (printed) list of varsity team members to the Awards Committee Chairman for imprinting name on said plaque within a two week period. The G.M.C. shall present a maximum number of plaques as follows:

Baseball

16

Soccer, Boys

18

Basketball, Boys	13	Soccer, Girls	18
Basketball, Girls	13	Softball	16
Bowling, Boys	7	Tennis, Boys	8
Bowling, Girls	7	Tennis, Girls	8
Cross Country, Boys	8	Track, Boys	24
Cross Country, Girls	8	Track, Girls	24
Field Hockey	17	Winter Track, Boys	16
Football	36	Winter Track, Girls	16
Golf	9	Wrestling	16
Gymnastics, Girls	8	Swimming	22 boys
Volleyball	13	Swimming	22 girls
		Lacrosse	18

Additional plaques may be purchased from the G.M.C. The price of said shall be decided by the Executive Committee at the September meeting each year.

2. ALL DIVISION AND ALL CONFERENCE TEAMS will be selected by the coaches, and the following numbers will represent the number of athletes to be selected in each sport.

Football	36	Winter Track B/G	18
Cross Country B/G	11	Bowling B/G	8
Soccer B/G	18	Baseball	17
Field Hockey*	17	Softball	17
Gymnastics*	12	Spring Track, Boys	27
Tennis B/G	11	Spring Track, Girls	27
Wrestling	20	Golf	9
Basketball B/G	8	Swimming	22 boys
		Swimming	22 girls
		Lacrosse	18
		Volleyball B/G	9